

**The SHEnergized SisStarhood**  
Spirit | Mind | Body  
*Spiritual Empowerment Experience*

**NOVEMBER 30, 2025**

**HOLD THE LINE EVEN WHILE EVEN WHILE IN THE LION'S DEN**

**Daniel 6:10-23**

**JOIN US SUNDAYS**  
**8:30 AM EASTERN**

**zoom** JOIN ONLINE OR CALL: 646-558-8656  
MEETING ID: 530 441 1689 | PASSCODE: 057058

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## NOVEMBER 30, 2025 – LESSON RECAP

### “Hold the Line — Even While in the Lion’s Den”

Good morning, SisStars! Today’s lesson reminded us of the power of steadfast faith, unshakeable trust, and spiritual courage. We were challenged, encouraged, and empowered to *hold the line*—not just when life feels peaceful, but especially when we are thrown into the **den with the lions**.

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#### 1. What Does It Mean to “Hold the Line”?

Drawing from military terminology, “hold the line” means:

- Maintain your position
- Don’t retreat
- Protect one another
- Stand firm under pressure
- Stay disciplined until help or victory arrives

In our Christian walk, this means staying faithful even under attack, even when life feels dark, overwhelming, lonely, or unfair.

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### 2. Daniel's Example — Praying Before the Battle

Our Scripture text: **Daniel 6:10–23**

Daniel didn't wait until trouble hit to pray.

He didn't wait until he was in the den to seek God.

He prayed **three times a day**—faithfully, consistently, intentionally.

When the decree forbidding prayer went out, Daniel didn't compromise.

He didn't waver.

He didn't bargain.

He simply did what he had always done—stayed faithful to God.

SisStars, Daniel teaches us that we don't prepare in the den.

We prepare **before** the den.

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### 3. You Are Not in the Lion's Den — the Lions Are in YOUR Den

A major shift in perspective:

We often say *"Daniel was in the lion's den."*

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But today we learned:

**The den belonged to Daniel. The lions were just there.**

SisStar, YOU have spiritual territory.

You have a den—your space with God.

And sometimes lions show up as:

- the lion of fear
- the lion of betrayal
- the lion of anxiety
- the lion of financial pressure
- the lion of spiritual attack
- the lion of family conflict
- the lion of health battles

But even when the lions are pacing, roaring, and threatening, they **cannot** consume you if you stay aligned with God.

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### 4. Your Weapons: Prayer, Integrity, and Faith

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**Prayer** keeps your line strong.

**Integrity** keeps your witness strong.

**Faith** keeps your courage strong.

We were reminded:

- **1 Thessalonians 5:17** – *Pray without ceasing.*
- **1 Corinthians 15:58** – *Be steadfast, unmovable.*
- **1 Peter 3:14–15** – *Don't fear what the world fears.*
- **1 Peter 5:8–9** – *Your adversary prowls like a roaring lion...but resist him, firm in your faith.*

The enemy tries to attack your confidence in God, not because you are weak, but because you are powerful.

He knows if he can get into your mind, he can shake your mission.

But if you **hold the line**, he loses his power.

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### 5. Divine Protection — Help Is Always Sent

Like Daniel, you may have to endure the den, but God promises to be with you **in** it.

Daniel said:

*“My God sent His angel and shut the mouths of the lions.”*

— Daniel 6:22

You may not be removed from every trial, but God will not let that trial destroy you.

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- The angels encamp around you (Psalm 34:7)
- No weapon formed will prosper (Isaiah 54:17)
- The Lord is your light and salvation (Psalm 27:1)

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### 6. Your Den Becomes Your Testimony

Every trial you face becomes a testimony God can use for His glory and someone else's deliverance.

Just like this SisStarhood community was birthed out of someone's own den experience—your struggle today may be the platform God uses tomorrow to bring healing, unity, and encouragement to others.

Revelation 12:11 reminds us:

*We are overcome by the blood of the Lamb and the word of our testimony.*

No test → no testimony.

No den → no deliverance story.

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### 7. How to Hold the Line Daily

We close with practical tools:

✓ **Be intentional with prayer**

Set times. Make it a discipline.

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### ✓ **Keep Scripture before you**

Write verses on sticky notes.

Put them where your eyes land every day.

### ✓ **Stay linked with your SisStars**

You're not made to fight alone.

We hold the line together.

### ✓ **Keep your formation**

Stay in the Word.

Stay in fellowship.

Stay accountable.

### ✓ **Trust the Commander**

God is not only with you—He goes before you.

Obey His instructions, and victory is guaranteed.

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### **Final Encouragement**

SisStar, the den does not define you.

The lions cannot destroy you.

Your God is with you.

Your angels surround you.

Your sisters stand beside you.

**Hold the line—even in the den—because the den is yours.  
And God will always bring you out without a scratch.**