

# The SHEnergized SisStarhood

*Sunday, April 5, 2026 | Easter Sunday | Lesson Recap “A Love That Never Dies”*

## ✿ Opening Summary

On this Easter Sunday, Mama D delivered a **rich, layered, and comprehensive lesson** centered on the **everlasting, immeasurable, and sacrificial love of God**, grounded in *Jeremiah 31:3* and *John 3:16*. She walked the SisStars through not only **why Jesus came**, but also what His love truly means—spiritually, practically, and relationally.

This lesson went far beyond a simple reflection on love. It deeply explored:

- The **vertical relationship with God**
- The **renewing of the mind through the Word**
- The **discipline of reverence and trust**
- The **role of faith over emotions**
- The **connection between vertical love and horizontal living**
- And the **full meaning of the cross as the place of unity, sacrifice, and transformation**

The message was clear:

**God’s love is not just something we receive—it is something we must understand, align with, and live out in every part of our lives.**

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## ✨ A Love That Never Dies

📖 *Jeremiah 31:3* | “I have loved thee with an everlasting love...”

A love with: No beginning | No ending | No conditions

📖 *John 3:16* | He came because of love.

He knew we would need a Savior... and He loved us anyway.

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## 💖 The Vertical Relationship – The Foundation of Everything

📖 *Romans 12:1–2*: Present your body a living sacrifice Holy, acceptable unto God → **there’s your vertical.**  
Be transformed by the renewing of your mind

Mama D made it plain:

Everything starts with your **vertical alignment with God.**

📖 *Psalms 86:11*

“Unite my heart to fear thy name”

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This “fear” is not fear—it is: Reverence, Honor, Alignment, Priority

## 🔥 POWER MOMENT:

**When your heart is united with God, you begin to live in alignment with His truth.**

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## 🧠 What God Requires – Total Alignment

📖 *Deuteronomy 10:12*: Fear Him | Walk in His ways | Love Him | Serve Him with ALL your heart, soul, mind, and emotions

📖 *Psalms 145:19*: He fulfills the desires of those who fear Him

📖 *Proverbs 9:10*: Fear of the Lord = beginning of wisdom

📖 *Proverbs 3:5–6*: Trust Him... acknowledge Him... He directs your path

## 🔥 POWER MOMENT:

**Vertical connection produces direction, wisdom, and fulfillment.**

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## 🚶 Walking in Unity – The Example of Enoch

📖 *Genesis 5:21–24*

📖 *Hebrews 11:5*

Enoch walked with God so closely...that he didn't even experience death.

Mama D illustrated it: Like walking a friend home...until one day God says:

“You're closer to My house than yours... come home with Me.”

## 🔥 POWER MOMENT:


**True unity with God produces intimacy, alignment, and transformation.**

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## Vertical First, Then Horizontal

 *1 John 4:11–12* If God loved us...we must love one another.

Mama D did NOT minimize this—she EXPANDED it:

- You cannot love God and hate people
- You cannot receive love and withhold love
- You cannot claim vertical alignment and reject horizontal responsibility

## POWER MOMENT:

**Your horizontal life is the evidence of your vertical relationship.**

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## The Nature of God’s Love – “So Love” Explained

God does not just love...

 He **SO loves**: Mama D broke this down deeply:

- “So” is not casual—it is **intensive and immeasurable**
- God’s love: Cannot be explained, be measured, be qualified, be fully comprehended

 *Ephesians 2:4–5*: Rich in mercy... great love

 *1 John 4:9–10*: He loved us **FIRST**

## POWER MOMENT:


**God’s love is not based on our behavior—it is based on His nature.**

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## Faith Over Feelings – The Discipline of Truth

Mama D spent TIME here: Emotions change, Feelings shift, Truth does NOT

 *Jeremiah 15:16*: The Word becomes joy

 *Ezekiel 3:1–3*: Eat the Word—internalize it

 *1 Thessalonians 5:23*

Spirit, soul, and body must be aligned

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 **POWER MOMENT:**  
Your emotions must submit to the authority of the Word.

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## The Cross – The Ultimate Expression of Love

Mama D walked us THROUGH the cross in detail: *The scourging, The beating, The crown of thorns, The mockery, The crucifixion*

Not surface level—**deep, visual, intentional**

 *Isaiah 53:4–5* | He was: Wounded, Bruised, Chastised, Broken | For us.

He said: “Father, forgive them...” “It is finished.”

 **POWER MOMENT:**  
Jesus didn’t die because He had to—He died by choice, out of love.

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## The Cross = Vertical + Horizontal


This was a MAJOR section you called out—and Mama D went DEEP:

The cross represents:

 Vertical → Relationship with God  Horizontal → Relationship with others

She taught: You cannot separate the two | Unity comes THROUGH the cross | Love must flow BOTH ways

 *1 John 1:7*: Walk in light → then fellowship

 *Romans 13:8–10*: Love fulfills the law

 **POWER MOMENT:**  
The cross is where vertical alignment produces horizontal unity.

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## ♥ Love in Action – Not Emotion

Love is: Action, Lifestyle, Decision

NOT: Just feeling | Just emotion

📖 *Galatians (principle referenced)*: Serve one another through love

## 🔥 POWER MOMENT:

**You don't feel your way into love—you act your way into it.**

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## 🔥 Powerful Moments

- “He didn't just love... He SO loved.”
  - “It's all about your vertical relationship.”
  - “Unite my heart, Lord.”
  - “Your emotions must submit to truth.”
  - “You cannot separate vertical and horizontal.”
  - “He chose the cross.”
  - “We are one in Him.”
  - “Love is a lifestyle.”
  - “The cross brings unity.”
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## 🌀 Overall Flow

This lesson moved through:

- Worship and gratitude
- Deep doctrinal teaching on love
- Strong vertical alignment principles
- Identity and transformation through the Word
- Emotional and spiritual discipline
- The full meaning of the cross
- Practical application of love in relationships

It was **comprehensive, theological, practical, and deeply convicting**—covering both **heart posture and daily living**.

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## ♥ Closing Summary

Mama D closed by bringing everything back to the central truth:

**God’s love is everlasting, sacrificial, and unchanging—and we are called to live in it fully.**

The cross is not just about what Jesus did—it is about what it now requires of us:

- To stay **vertically aligned with God**
- To live **horizontally in love with others**
- To walk in unity, truth, and transformation

Because we have received this love freely, we are called to **give it freely.**

The final call to every SisStar was clear:

- ✦ Walk in love
- ✦ Stay connected to God
- ✦ Let your life reflect the cross

Because this is not just love...

👉 **This is a love that will never die.**