

"CBT" Lesson Recap | 11/20/2022 | "An Open Invitation" "An Open Invitation"

(A Refresher on the phrase sitting at the table)

2 Sam 9, Phil 3:13-14, Heb 12:1-2, Eph 2:4-6

Give yourself some grace!

You are a WIP – Work in Progress!

You are a daughter of the King and until you realize that your worth you will always be what you have always been!

The word place comes from topaz-which originates from the word topography= your surroundings your place- Don't give your place to the devil!

Draw a line in the sand and tell the devil "No More"

## I. Restoration and Value

- Some are broken and came to the Lord broken; it's okay because God is able to restore you
- ❖ How do you deal with the battle of your mind because of the weights that are holding you down?
- ❖ You might be at a place in life where you feel broken and bound but there is restoration from the broken things in your life.
- ❖ To restore means to be put back together- up held.
- ❖ You might find yourself in the "P.I.T." of life but there is freedom and breakthrough so you can be unbound
- ❖ You have the key to unlock your mind and be set free
- ❖ You have the power to be rid of the past and endure the future that is to come



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Don't allow your past to poison the future that is to com

❖ Don't allow your past to poison the future that is to come; if the Lord has cast your repentive sins unto the sea and remember them no more; why should you?

## II. The Mephibosheth Syndrome

- Mephibosheth syndrome means a person of shame; someone who has a self-defeating behavior
- ❖ Watch out for the planters in your life- "planters those who sow stuff in your life; watch out for those who plant seeds of harm
- Mephibosheth was a cripple (Someone who had issues or defects) \*He was living in shame because he was made lame due to the neglect of someone else\*
- Sometimes we will look like what we are going through because we are trapped in the shame
- ❖ Do you find yourself resting in self-defeating behaviors
- Mephibosheth was granted grace and mercy because of who he belonged too
- ❖ God serves us mercy not because of who you are but because you belong to him
- ❖ Sometimes even after given grace and mercy you will view yourself from a "P.I.T" mindset
- ❖ See yourself as royalty because you are a daughter of the King!
- ❖ Take your place at the King's table
- ❖ As long as you take your seat at the table and stay in your place your lameness will not show!
- ❖ Sistar get in your place- A child of the King
- ❖ Sistar get in your place- A royal woman of God
- ❖ Sistar get in your place –A woman of value and beauty

## III. CBT- Come Back Truth

- ❖ Your lameness has been covered!
- Stop talking about what you use to be! Your sin has been consumed!

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- ❖ You can be consumed in God's love, in God's unity!
- ❖ God wants you to be in unity with him- Vertical 1<sup>st</sup> (Your relationship with God) then Horizontal (How you relate to people)

**Dr. Dorthy Dye** 

- ❖ Don't give into what others say about you!
- ❖ When your mind doesn't say what the word says, change your mind so it can agree with what the word says!
- ❖ You are a work in progress!
- ❖ You are changing every day!
- ❖ Come out of the P.I.T!
- Unlock your mind so you can begin to change!

Sistar forget those things that are behind and press toward the mark of the high calling!

Lay aside every weight that does so easily besets you!

Look unto Jesus who is the author and finisher of your faith!

God has a table set for you!

There is a seat with your name on it; if you're not sitting in your seat, you won't get what you need!

Give truth back!

You are a daughter of the king!

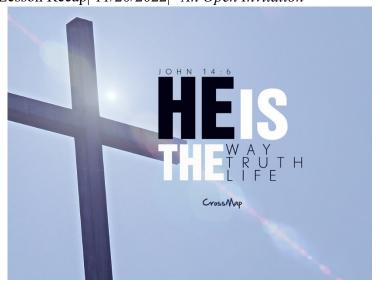
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