

## **"FROM ONE PIT TO ANOTHER"**

Lesson for Sunday, December 11, 2022

### **"NO WAY OF ESCAPE"**

(THE FIRST PIT)

### **LESSON OUTLINE**

#### **I. A Prepared Thing for a Prepared Purpose**

##### Old Testament

Jonah 2:1-2  
Psalms 139:7-12

##### New Testament

#### **II. A Captive Audience**

Jonah 2:1-2

St. Mark 8:23  
St. John 9:6

#### **III. Prayer Changes Things**

Jonah 1:1-4  
Psalms 34:17  
Psalms 50:15  
Psalms 56:9  
Psalms 145:19  
Jeremiah 33:3  
Numbers 11:4  
Exodus 16:14-35  
Psalms 106:13-15  
Psalms 50:23

St. John 20:28  
St. Luke 18:35-43  
St. John 6:48-51

**Questions to Consider**

1. Have you ever been in a place where you thought there was no way out?
2. What happens when you cry out to God?
3. Discuss some ways that God used unusual means to get your attention.
4. Have you ever gotten something that was not God's best for you? Discuss what happened.
5. What do you know about the character of God, and what does it mean to you.

**SisStar Reflections**

1. Sometimes what you need is not what you may want, but it is for your good.
2. The Lord always has preparations for you when needed.
3. Even when you find yourself in a place of discomfort, there is always a way of escape.
4. "Crying out" necessitates opening your mouth and making noise so that you will be heard.
5. God has promised to hear the cries of His children.
6. You have to know God for yourself. You can rejoice with others, but you have to know the reality of God personally.
7. When you pray, you understand that your total dependence is on God.
8. When you pray "Thy will be done" you have to be willing to accept God's will.
9. Separation from God will put you in a place of utter darkness.

## Examples of Crying Out to God

1. **Elijah - I Kings 17:20-22:** "He **CRIED** unto the Lord and said, O Lord my God, has Thou also brought evil upon the widow with whom I sojourn, by slaying her son?"

"And he stretched himself upon the child three times, and **CRIED** unto the Lord, and said, O Lord my God, I pray Thee, let this child's soul come back into him again."

**Result:** "And the Lord **HEARD** the voice of Elijah: and the soul of the child came into him again, and he revived."

2. **Jehoshaphat - II Chronicles 18:31:** "It came to pass, when the captains of the chariots saw Jehoshaphat, that they said, It is the kind of Israel. Therefore they compassed about him to fight: but Jehoshaphat **CRIED OUT....**"

**Result:** ""And the Lord helped him...."

3. **Hezekiah: - II Chronicles 32:20:** "And for this cause Hezekiah the king, and the prophet Isaiah the son of Amoz, **PRAYED** and **CRIED** to heaven."

**Result:** "And the Lord sent an angel.." (And the enemy was destroyed).

4. **Peter - St. Matthew 14:30:** "But when he saw the wind boisterous, he was afraid: and beginning to sink, he **CRIED** saying, Lord, save me."

**Result:** "And immediately Jesus stretched forth His hand and caught him...."

5. **Jesus - St. Luke 22:41:** "And when He was withdrawn from them about a stone's cast, and kneeled down, and **PRAYED/CRIED:**

**Result:** "And there appeared an angel unto Him from heaven, strengthening Him."

***"CALL UPON ME IN THE DAY OF TROUBLE: I WILL DELIVER THEE."***  
(Psalms 145:19)