

## "OVERCOMING SELF-DEFEATING BEHAVIORS"

### II Samuel 9 Philippians 3:13-14 Hebrews 12:1-2

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#### I. Restoration and Value

##### Old Testament

##### New Testament

St. Luke 4:18  
St. John 8:32, 36  
Philippians 3:13-14  
Hebrews 12:1-2

#### II. The Mephibosheth Syndrome

##### Definitions

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|------------------|---------------------|
| 1. Mephibosheth: | "Person of Shame"   |
| 2. Lodebar:      | "Place of Shame"    |
| 3. David:        | "Beloved of God"    |
| 4. Jonathan:     | "Whom Jehovah Gave" |
| 5. Ziba:         | "The Planter"       |
| 6. Ammiel:       | "People of God"     |
| 7. Machir:       | "Sold"              |
| 8. Dan:          | "Judge"             |

II Samuel 9  
I Samuel 18:1-4  
I Samuel 20:14-17  
II Samuel 4:4  
Numbers 13:12

II Corinthians 4:18  
I Thessalonians 5:23  
Romans 12:1-2  
Ephesians 1:6

#### III. Who Are You?

Micah 7:18-19  
Psalms 139:14

II Corinthians 5:17  
Philippians 4:19

