



Dr.Dye's Lesson Re-Cap| 03/10/24|Don't let folks worry you-Part2.

The following is a lesson recap of Dr. Dye's

“Angry without a cause”

“Don't let folks worry you!”

*Sistars Happy Women's History Month! This is a month for us to rejoice!
 God is the way the truth and the life and that never changes!
 God is love and that is his character!
 Don't worry because we belong to the great God who created all things!
 You are created for God's pleasure!*

Lesson Continuation

I. Anger Begets Anger

- Beget means to birth; what are you birthing among the crowd.
- (Nabel=means fool) he was married to Abigail who stepped in when he was being foolish.
- Abigail urged David to not give in to his anger and spare Nabel's life.
- Sistar sometimes other's words and will cause you to build up wrath, remember Paul's advice to put off anger.
- Don't be like a volcano fueled by inner turmoil it erupts and has an outpouring of lava.
- Sistar just as water can cool lava; the water of the Holy Spirit can cool your spirit when the lava of anger that wants to stir inside of you.
- Uncontrolled anger can kill those you come in contact with if you are not able to keep it under control.

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March 2024
ANGRY WITHOUT A CAUSE
Matthew 5:22

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- Sistar if you are not careful you can end up hurting innocent people if you lose control.
- Sistar you should be like Abigail, bringing peace to situations!
- Be smart Sistar and don't get in the middle of conflict so that you don't get caught up.
- Sistar Abigail was willing to speak a word of peace to the situation and did whatever it took to bring calm.
- Sistar God can take care of the anger of the crowd better than you.
- Will you allow God to take control of the situations?
- Will you trust in the Lord with all of your heart and lean not on your own understanding.
- Will you trust the water of the Holy Spirit to cool the anger that resides within you?

*Sistar when it comes to anger the choice is always up to you!
Sistar what will you choose to do?*