

The SHEnergized SisStarhood
Spirit | Mind | Body
Spiritual Empowerment Experience

NOVEMBER 09, 2025
YOUR NOW IS A PART OF GOD'S PROMISE
Phil 1:12-14 Luke 10:38-42

JOIN US SUNDAYS
8:30 AM EASTERN

zoom JOIN ONLINE OR CALL: 646-558-8656
MEETING ID: 530 441 1689 | PASSCODE: 057058

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LESSON RECAP FOR NOVEMBER 9, 2025

“Your Now Is A Part Of Your Promise”

Summary Paragraph

Over the past few weeks, Katrina has been leading us through a powerful series called “Living in the Present — Living in the Now.” Together, we’ve been reminded that our current season — even when it feels slow, uncomfortable, or uncertain — is sacred. God is doing something now that is preparing us for what’s next.

Week 1: Your Now Is Your Proving Ground (David)

Katrina began with the story of **David**, the shepherd boy who became king. Before the crown came the sheep. Before the palace came the pasture.

David’s time tending sheep was his **proving ground** — a season of preparation and growth before his public calling.

Katrina shared a personal story about her and Corey’s *disagreement over fixing their yard* (we all remember that one! 😊). She was ready to buy new grass immediately, but Corey told her, “We have to test the soil first.” That simple statement became a powerful spiritual lesson: **you can’t plant on untested soil.**

Katrina reminded us that many of us want the harvest before we let God prepare our ground. But our “sheep season,” that quiet or difficult space, is where God develops us.

Don’t skip your soil-testing season.
God is tilling, not torturing.

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Week 2: Your Now Is Your Position (Esther)

Next, Katrina taught on **Esther**, showing that our *now* moments are not random — they are **positions of purpose**.

Esther wasn't made queen just to enjoy the palace; she was placed there to fulfill God's plan to save her people. Katrina reminded us that where we are right now — that job, that home, that challenge — is not coincidence. It's *placement for divine purpose*.

She also reminded us that being used by God is an **honor**. God doesn't *need* us, but He *chooses* us — and that's a privilege.

“If you remain silent at this time, relief and deliverance will arise from another place...” (Esther 4:14)

Week 3: Your Now Is Part of God's Promise (Joseph & Paul)

This week, Katrina tied everything together with the stories of **Joseph** and **Paul** — two men who endured great suffering but ultimately discovered that their pain was part of God's bigger promise.

Joseph: The Bigger Picture

Joseph's life reminded us that both the **pit** and the **palace** were necessary. When he told his brothers, “*What you meant for evil, God meant for good,*” Katrina pointed out that Joseph didn't fully realize how huge that truth was.

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His obedience didn't just save his family; it saved **Judah**, the very bloodline through which **Jesus** would come. That means Joseph's faithfulness generations ago still impacts us today.

Our obedience today can unlock blessings for generations we'll never meet.

Paul: Turning Prison into a Platform

Katrina also spoke about **Paul**, writing to the Philippians from a dark, filthy Roman prison. She painted a vivid picture of his reality — chained, hungry, forgotten — yet Paul still wrote:

“Everything that has happened to me here has helped me spread the Gospel.” (Philippians 1:12)

Instead of complaining, Paul saw his imprisonment as an opportunity to glorify God.

Katrina said, “Only God can take a **prison** and turn it into a **platform**. Only God can take your **pain** and make it your **purpose**.”

Then she shared this powerful line we won't forget:

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What feels like confinement is actually construction.

Paul's letters, written in that dark prison cell, are still setting people free in 2025 — including us, right here in SisStarhood!

Seeing the Bigger Story

Each of us is part of a greater divine story.
Our “now” — the things we face, the waiting, the tears, the victories — are all connected to the promise of God.

God never wastes pain, pressure, or process.

Every season is shaping your story.
Even the prison is part of the promise.

Katrina's Final Thought

*Your **now** is holy.
We're not behind. We're not forgotten.
We are living inside the very promise of God.*

*Even when it hurts, even when it feels like all we're doing is digging dirt, God is working — through us, for us,
and far beyond us.*

***Your Now is not a waiting room — it's holy ground.
Be faithful where you are. You are part of God's promise.***