

***"THE GIFT THAT KEEPS ON GIVING"***

**Lesson for Sunday, May 1, 2022**

**"TURNING YOUR PAIN INTO PRAISE"**

"nevertheless I tell you the Truth; it is expedient for you that I go away; for if I go not away, the Comforter will not come unto you: but if I depart, I will send Him unto you."

**(St. John 16:7)**

"I will not leave you comfortless: I will come to you."

**(St. John 14:18)**

"And Jabez was more honourable than his brethren: and his mother called his name Jabez, saying, Because I bare him with sorrow."

"And Jabez called on the God of Israel, saying, Oh that Thou wouldest bless me indeed, and enlarge my coast, and that Thine hand might be with me, and that Thou wouldest keep me from evil, that it may not grieve me! An God granted him that which he requested."

**(I Chronicles 4:9-10)**

"And the families of the scribes which dwelt at Jabez....." **(I Chronicles 2:55)**

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**I. The Life-Changing Word of the Holy Spirit**

Old Testament

II Chronicles 4:9-10

II Chronicles 2:55

Isaiah 53:4

New Testament

II Cor. 1:2-4

II Timothy 3:16

II Peter 1:21

**II. Pain Does Not Define You!!**

Isaiah 54:17

Philippians 4:4-7

Romans 8:28

James 1:2

## Questions to Consider

1. How do you receive comfort from the Holy Spirit?
2. Can you receive comfort from any other source?
3. Talk about changing your pain into Praise.
4. When you praise does that mean that the pain is gone?
5. How can you find peace in the midst of pain?
6. Is it difficult to lift Praise above pain?
7. Talk about the life-changing Word of God - and how the Word is changing you.
8. Look at II Cor. 4:7 and St. Matthew 5:16 and discuss questions 9 and 10.

"But we have this treasure in earthen vessels that the Excellency of the Power may be of God and not of us."

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."

9. If you are to do the good works, what part does the Power that is within you have to do with your "good works"?
10. If YOUR light is shining before people, how will they glorify God and not you?
11. Talk about physical pain versus emotional pain, and how they are connected - and if you think that physical pain causes emotional pain, and if emotional pain causes physical pain.