

The SHEnergized SisStarhood

Sunday, April 19, 2026 | “Compartmentalized Faith → Surrender” (Part 1: The Closed Room)

OPENING SUMMARY

Good morning, good morning, good morning SisStars... this morning’s lesson introduced a powerful new series, “*Compartmentalized Faith → Surrender*,” and immediately took us into a place of deep reflection and conviction. Through transparency and real-time testimony, we were reminded that this is not about perfection or arrival, but about walking through our own seasons while allowing God to work on us from the inside out. This lesson centered on the reality that many of us are living with God in portions of our lives instead of allowing Him to be Lord over all of it. Using the imagery of a “closed or locked room,” we were challenged to examine the areas of our lives we keep hidden, guarded, or controlled—and to begin the process of surrendering those spaces fully to God. This was a call to move from surface-level faith into a fully surrendered life, where God is not just present—but truly in charge.

SPEAKER FLOW — SETTING THE TONE

“Good morning, good morning... I pray everyone is doing well...”

SisStars, the tone was set with **humility and transparency**:

👉 “Don’t think Tiff has arrived...”

👉 “These are things I am still working through...”

This was not a lesson from perfection...

This was a lesson from **process**.

THE VISUAL: THE CLOSED ROOM

“Imagine your house...”

Every SisStar could relate:

- That one room
- That one drawer
- That one space you don’t let people see

POWER MOMENT:

“Do you do the same thing with God?”

Are there places where:



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- You hide
 - You avoid
 - You don’t let God in
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■ COMPARTMENTALIZED FAITH (THE REAL ISSUE)

“We don’t struggle because God doesn’t love us...”

We struggle because:

☞ We **compartmentalize God**

We let Him into:

- Sunday
- Worship
- Easy moments

But not into:

- Fear
- Pain
- Control
- Relationships

★ POWER MOMENT:

“We have learned to live with God in parts... not all of our life.”

■ THE DIFFERENT ROOMS WE KEEP LOCKED

SisStars were called to identify their “room”:

- Fear room
- Relationship room
- Control room
- Wound room
- Habit room

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✦ REAL TALK:

“Some of us got some wounds y’all...”

And instead of surrendering...

- 👉 We **hide** it
 - 👉 We **manage** it
 - 👉 We **control** it
-

📖 LUKE 6:46 — THE FOUNDATION

“Why call me Lord... but don’t do what I say?”

This was the **core conviction**:

👉 We SAY “Lord”
But don’t let Him LEAD

✦ POWER MOMENTS:

- “It’s easy to praise on Sunday... and panic on Monday”
 - “You want God to be Lord... but not over your decisions”
-

👑 WHAT LORDSHIP REALLY MEANS

“Lordship means...”

- He leads — not you
- He governs — not you
- He decides — not you

✦ POWER MOMENT:

“God does not come to advise you... He comes to lead you.”

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POINT 2: TRANSFORMATION OF THE MIND

Colossians 3:2: “Set your mind on things above...”

This is not about comfort...

This is about **transformation**.

POWER MOMENTS:

- “This life is not about comfort... it’s about completion”
 - “All things work together FOR you... not to feel good, but to grow you”
-

WORLD VS. GOD

The world says:

- Protect yourself
- Keep things hidden
- Show your best face

God says:

 Give Me EVERYTHING

POWER MOMENT:

“The older I get... the more I realize I don’t know nothing.”

THE TRUTH ABOUT CLOSED DOORS

Closed doors come from:

- Unchecked thoughts
- Fear
- Shame
- Control

POWER MOMENT:

“God can’t clean what you won’t open.”

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👉 THE YES (SURRENDER MOMENT)

“You don’t have to fix it...”

You just have to say:

👉 YES

🌟 POWER MOMENT:

“Give me your YES... and watch what I do.”

🚶 POINT 3: FAITH IS ACTION

James 1:22

“Be doers... not hearers...”

Faith is not:

- what you say
- what you feel

👉 It’s what you DO

⚡ OBEDIENCE UNLOCKS EVERYTHING

🌟 POWER MOMENTS:


- “Your next level of peace is in your obedience”
 - “Your healing is on the other side of surrender”
 - “Your freedom begins when you open the door you’ve been avoiding”
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THE HOSPITAL ANALOGY (POWERFUL)

Like a patient fighting treatment...

 You delay your own healing

 POWER MOMENT:

“God can’t intervene until you stop fighting and surrender.”

THE CALL: UNLOCK THE DOOR

“What room are you keeping locked?”

- Control?
- Fear?
- Identity?
- Pain?
- Calling?




 DECLARATION:

“Unlock the door and watch what God will do.”

FINAL SURRENDER CALL

“This is not about comfort...”

This is about:

-  FULL surrender
-  FULL access
-  FULL obedience

 FINAL POWER MOMENT:

“We’re not putting God in boxes anymore.”



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✿ **CLOSING SUMMARY**

SisStars... as this lesson closed, the call was clear, direct, and deeply personal: stop giving God partial access and start living a fully surrendered life. We were reminded that the struggles we face are often tied to the areas we refuse to release, the rooms we keep locked, and the control we are unwilling to let go of. This was not just a lesson about awareness—it was a call to action. A call to unlock the doors of fear, pain, pride, and control, and to trust God enough to let Him enter every space of our lives. We were challenged to move beyond saying “Lord” with our lips and begin living it through our obedience, our faith, and our actions. Because true transformation, healing, and freedom are not found in holding on—but in surrendering. And as we step into this new series, we carry this truth forward: when we give God our full yes and open every door, He will step in, take over, and do what only He can do.