



Lesson 2-Recap Part 2| 11/13/2022| “You’re not alone in this”

“From one pit to another”

(A study on the book of Jonah)

Lesson 2 Part 2- “You’re not alone in this”

Jonah 1:4-17

*Sistar no matter what decision you make it’s never just you! Your decisions effect everyone and everything connected to you! Praise is not something you do quietly! No matter the trial send Judah first! God always has a way of using your disobedience to bring about his glory!*

### III. The prepared thing (Prevision vs Provision)

- **Prevision** = Seeing ahead of time (God always has a prepared thing ready to swallow you up when he needs to get your attention)
- There was a great fish that was called for a specific purpose – (you are purposed for such a time as this)
- What does it mean **to be swallowed up**- to be eaten or consumed; if one thing is consumed by another it no longer has its own identity. The thing that gets swallowed becomes a part of the eater
- You sistar are the eater; what you swallow is what becomes eaten
- We have become one with Christ; we are now the eaters of Christ
  - Ex- When we partake of the Lord’s supper, we are eating the body and blood of Christ.
- When you Sistar swallow up the word of God you are eating but become consumed by what/who you are eating!
- Sistar become so consumed with what/who you are eating that you become so engulfed in God’s heart...this is your vertical relationship!
- When we swallow the heart of God, we gain the power that was released by our Lord and savior Jesus Christ!
- Christ came and consumed death, hell, and the grave! His consumption gives us redemption!



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- Be so consumed with Christ that you get transformed from the inside out!
- Sistar don’t allow those outside things that are trying to consume you bring you down! You have all consuming power!
- When you realize the consuming power, you have; you overcome the trials of life!

*Sistar remember your consuming power!*

*Take a praise break as you reflect on his all-consuming power  
that lives in and through you!*

## *Praise!*

- Just like God preserved Jonah in his burial while in the belly of the great fish... so will God preserve you even when you put yourself in the P.I.T (Personally. Induced. Tempest)
- Jonah had choices to make; either obey God or disobey and not do his will, you have the same choice
- Sistar in the midst of your unpreparation; God has prevision!
- God has a prepared place for those who follow and obey his will
- Preparation is always in place even when you feel unprepared
- As believers we live to die so that we may live in eternity!
- What you think is what controls your behavior – CBT (cognitive behavior therapy)
- What you think then becomes what you believe and what you believe controls your behavior
- God will always have his way; you can’t get away with disobedience and expect God not to give you consequence
- When God finds you, he will make you run to him
- Sometimes the place of discomfort becomes so comfortable you don’t even realize the disfunction
- It’s all about God and not about you! You’ve been paid for by the blood of Christ!

*You are loved by a love that has no boundaries!*