

(Lesson for Sunday, July 17, 2022)

**"THE GIFT THAT KEEPS ON GIVING"  
(A Contrast in Behavior)**

**"SET FREE TO GIVE UP THE OLD FOR THE NEW"**

LESSON OUTLINE

Ephesians 4:17-24

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**I. The Old for the New**

Old Testament

New Testament

St. John 14:16-17  
I Peter 2:2  
St. John 17:15  
Ephesians 4:17-24  
Romans 12:1-2

**II. Decision vs. Commitment**

Ruth 1  
Leviticus 8:35

Colossians 4:17  
Philemon 1:24  
Colossians 4:14  
II Tim. 4:10  
II Tim. 4:1

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Questions for Consideration

1. Why is it important to give up the "old" for the "new?"
2. Discuss how the hurts of the "old" directly impact your ability to put on the "new."

3. What is the process of Christian growth? Compare this to how an infant grows.
4. Is it difficult for you to live in a world that does not have the same standard of behavior that you do? Why or why not? What becomes your responsibility?
5. If all behavior begins in the mind, what do you have to do in order to effect positive behavior change?
6. Talk about a "decision" and a "commitment."
7. What part does the Holy Spirit have in your decision and commitment?

#### SisStar Applications:

1. Freedom in all areas of your life can be realized when you submit yourself to the Word of God and allow the Holy Spirit to direct you into the Truths of the Word.
2. Understand that you are filled with the Holy Spirit of Promise, which gives you the Power to live a life that will not be compromised by what is going on in the world.
3. You can be that light in darkness - no matter where you are or who you are with.
4. The Christian life is a matter of renewing your mind by the Word of God, and living what you believe.
5. When you make a decision to live for the Lord, you can go on to make a firm commitment and not turn away from your commitment.
6. Joy and Peace are found only in a committed life to the Lord. Happiness can be found temporarily in externals - but it does not last. Seek that which is lasting, and will never let you down.
7. Continue to strengthen your Vertical Relationship with the Lord by the Power of the Holy Spirit, and you will live a fully committed life without regret..

