



Lesson Study Guide: Sunday, August 9, 2026

DECISION vs. COMMITMENT: CONFORMATON OR TRANSFORMATION!!

LESSON 1: A Committed Faith

Romans 12:1-2

“Therefore, I urge you, SisStars, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God---this is your spiritual act of worship.”

“Do not conform any longer to the pattern of the world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is...His good, pleasing and perfect will.”

LESSON OUTLINE

Word Definitions

- | | |
|----------------|--|
| 1. Con: | together with; |
| 2. Trans: | a change in form; |
| 3. Conform: | to make or to be the same as; |
| 4. Transform: | to change the shape or form; |
| 5. ‘ation: | an ongoing process or continuous action; |
| 6. Decision: | a choice; |
| 7. Commitment: | a lifestyle change based on a decision made; |

I. Overview

Old Testament

Proverbs 3:5-6
Psalms 1

New Testament

Romans 12:1-2
Ephesians 4:14
St. Matthew 7:13-14



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II. Decision Leads to Commitment

Old Testament

Ruth 1:1-11
Proverbs 3:5-6
Daniel 3:5-7
Daniel 3:16-18
Psalms 19:1-6

New Testament

Ephesians 2:8
II Peter 1:1
Galatians 2:20
II Peter 1:8
Romans 10:17
Jude 20
Hebrews 11: 1-3
Romans 1:19-20

III. Faith When “When’s” Happen

Old Testament

Job 14:1
Ecclesiastes 2:10-22
Proverbs 3:5-6
Psalms 61:2
Isaiah 43:2
Exodus 13:20
Exodus 14:1-4
Job 23:8-10

New Testament

James 1:2
Jude 3
I Timothy 6:12
Ephesians 1:10

Discussion Questions

1. Why do you think that it is hard to commit?
2. What issues in life may make commitment difficult?
3. Talk about how commitment leads to transformation;
4. What does it mean to you to go beyond a decision to be committed?
5. Can you remain in the place of decision and not move on to commitment? (Discuss using Hebrews 5:11-14 and I Corinthians 3:1-4 as your reference scriptures.)



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Takeaways

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