

JOIN US SUNDAYS 8:30 AM EASTERN

The SHEnergized SisStarhood Bible Class Series

# JUST A LITTLE

*Talk with Jesus*

zoom JOIN ONLINE OR CALL: 646-558-8656  
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at [www.SHEnergizedSisStarhood.com](http://www.SHEnergizedSisStarhood.com)

FACILITATED BY  
Dr. Dorothy Dye

**"JUST A LITTLE TALK WITH JESUS"**

**Lesson 3 - "Why Christians Should Pray"  
(July 9, 2023)**

*"Pray without ceasing."*

*"In every thing give thanks: for this is the will of God in Christ Jesus concerning you."*

*"Quench not the Spirit."*

(I Thessalonians 5:17-19)

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**I. Don't Starve Yourself!!!!**

Old Testament

New Testament

- Ephesians 6:18
- James 4:8
- St. Matthew 6:5-7
- St. Luke 18:1
- James 1:22

**II. Eight Reasons Why Christians Should Pray**

1. Because your relationship with the Lord and your need to hear from heaven demand that you should pray.

II Chronicles 7:14

Hebrews 4:16

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2. Your need for wisdom demands it.

II Chronicles 1:10-12

James 1:5

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3. Your peace demands it.

Isaiah 26:3-4

Philippians 4:6-7

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4. It is good and acceptable.

I Timothy 2:1-3

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5. Your faith is built up by prayer.

Jude 20  
 Hebrews 11:6

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6. God delights in your prayers.

Proverbs 15:8  
 Revelation 5:8  
 Revelation 8:3-4

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7. God hears your prayers.

Psalm 34:15-17  
 Jeremiah 33:3  
 Psalm 116:1-2  
 Psalm 138:3

James 5:16

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8. Jesus prayed, and He is our example.

- St. Matthew 14:23
- St. Matthew 26:36-44
- St. Mark 6:46
- St. Mark 13:32-42
- St. Luke 6:12
- St. Luke 9:28
- St. Luke 23:34
- St. John 14:16
- St. John 17:9

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**III. Walking With God**

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|---------------|-------------------|
| Genesis 5:22  | St. Matthew 7:7-8 |
| Proverbs 8:17 | Revelation 4:11   |
| Job 38-40     | Hebrews 13:5      |
| Jeremiah 33:3 |                   |

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**Discussion Questions**

1. How do you "starve yourself" by not praying and how does prayer "fill you up spiritually?"
2. What do you think it means to "Pray without ceasing?"
3. Discuss "IF" you pray versus "WHEN" you pray.
4. If you don't understand the language of prayer, how is it possible to communicate with God?
5. Talk about the reasons that we should pray and what other reasons you might add to the list.
6. Can you be a Christian and not have a prayerlife? Discuss.

**SisStarly Reflections**

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