



MAY 4, 2025 – LESSON RECAP BY DR. DOROTHY DYE

THE TRUST-FAITH FACTOR, PART 1

Dr. Dye's Intro Lesson Recap: "The Trust-Faith Factor"

Core Scripture Focus

- **Main Passage:** Proverbs 3:5-6 (Life verses of the speaker).
- **Verse breakdown:**
 - *"Trust in the Lord with all thine heart and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths."*

✦ Only 27 words, but life-changing—foundation for walking in faith.

- **Sistar Declaration:** "This is the day that the Lord has made" – setting the spiritual tone for the session.
- **Significance of May:**
 - Fifth month = Number of grace.
- **It is a reminder of God's Character:**
 - God is good *regardless* of circumstances.
 - God's love is everlasting and unchanging.
 - Our identity in Christ is not dictated by life situations.
 - His grace is sufficient.
- **Spiritual Affirmations:**
 - *No weapon formed will prosper* (it may form but won't succeed).
 - Live in faith and God's assurance.

✦ Start each day acknowledging God's unchanging nature and the grace He provides—especially important in the month symbolic of grace.



MAY 4, 2025 – LESSON RECAP BY DR. DOROTHY DYE

THE TRUST-FAITH FACTOR, PART 1

Correction Noted from outline

- **Scripture Reference:** Correction from Hebrews 4:11 to Hebrews 11:6 – *“Without faith, it is impossible to please God.”*

-
- **There will be 4 Key Points in this series:**
 1. The What – Trust/Faith
 2. The Where & Who – The vertical relationship
 3. The How – With all your heart
 4. The Contrast (to be covered next session)
-

Word-by-Word Analysis of Proverbs 3:5

1. The What – TRUST

- **Definition:**
 - Belief, confidence, dependence, commitment.
 - Hebrew root: *"Emunah"* = same as "Amen" → expresses trust.
- **Illustration:**
 - Trust exercise: falling backward, trusting someone to catch you.
- **Faith vs. Trust:**
 - Synonymous; Trust = Old Testament term, Faith = New Testament term.
 - Trust/Faith must have an object – not in things, but in God.

The SHEnergized SisStarhood
Spirit | Mind | Body
Spiritual Empowerment Experience

JOIN US SUNDAYS
8:30 AM EASTERN

MAY 4, 2025

THE FAITH/TRUST FACTOR, Part 1

Proverbs 3:5-6 - Hebrews 4:11

zoom JOIN ONLINE OR CALL: 646-558-8656
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at www.SHEnergizedSisStarhood.com

MAY 4, 2025 – LESSON RECAP BY DR. DOROTHY DYE

THE TRUST-FAITH FACTOR, PART 1

✦ Trust is not a vague feeling—it is action, obedience, and commitment rooted in God’s unchanging nature.

2. The Where & Who – IN THE LORD

- **Preposition “In”:** Shows **location** – points to the object of faith.
- **Definite Article “The”:** Indicates specificity.
- **Who is the Lord?**
 - Not *a* lord, but *The LORD* (Jehovah, Creator, Eternal).
 - Emphasis on the exclusivity and supremacy of God.
- **Scripture Support:**
 - Deuteronomy 6:4, Nehemiah 9:6, Isaiah 37:20, Zechariah 14:9, Ephesians 4:5.

✦ Faith must be directed *in the LORD alone*—He is the only worthy and unchanging object of our trust.

3. The How – WITH ALL YOUR HEART

- **Preposition “With”:** Implies union, total involvement.
- **“All”:** Totality, withholding nothing.
- **“Heart”:** Refers to mind, will, emotions (not the physical organ).
- **Support Scriptures:**
 - Proverbs 4:23 – Guard your heart.
 - Romans 12:2 – Renew your mind.

The SHEnergized SisStarhood
Spirit | Mind | Body
Spiritual Empowerment Experience

JOIN US SUNDAYS
8:30 AM EASTERN

MAY 4, 2025

THE FAITH/TRUST FACTOR, Part 1

Proverbs 3:5-6 - Hebrews 4:11

zoom JOIN ONLINE OR CALL: 646-558-8656
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at www.SHEnergizedSisStarhood.com

MAY 4, 2025 – LESSON RECAP BY DR. DOROTHY DYE

THE TRUST-FAITH FACTOR, PART 1

- Romans 10:8–10 – Believe with the heart.
- Hebrews 4:12 – God’s word discerns the heart.
-

✦ True trust in God involves your entire inner being—thoughts, emotions, and will. It is holistic and complete.

4. Coming Next Session: The Contrast

- Will cover:
 - “Lean not unto thine own understanding”
 - The contrast between divine trust and human logic.

VI. Final Reflections & Applications

- **Faith is Action:** Obedience is the demonstration of trust.
- **Scriptural Living:**
 - Philippians 4:6 – Don’t worry, pray.
 - 2 Corinthians 4:18 – Focus on the unseen (eternal), not the seen (temporal).
- **Avoid Horizontal Distractions:**
 - Media, news, and social platforms diminish faith if they become the primary focus.
- **Live by “Now Faith”:**
 - Hebrews 11:1 – Faith is for the present, not past or future.

✦ Cultivate a **vertical relationship** with God through deliberate trust, informed faith, and full-hearted obedience. Circumstances change, but God’s Word and character do not.

The SHEnergized SisStarhood
Spirit | Mind | Body

Spiritual Empowerment Experience

MAY 4, 2025

THE FAITH/TRUST FACTOR, Part 1

Proverbs 3:5-6 - Hebrews 4:11

zoom JOIN ONLINE OR CALL: 646-558-8656
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at www.SHEnergizedSisStarhood.com

MAY 4, 2025 – LESSON RECAP BY DR. DOROTHY DYE

THE TRUST-FAITH FACTOR, PART 1

Summary of Key Themes

- **Faith = Trust in Action**
- **Trust must be Total**
- **Faith is Obedience**
- **God is the Unchanging Object of Faith**
- **Live by “Now Faith” not sight**
- **Your Heart (Mind) must Align with God’s Word**