

**The SHEnergized SisStarhood**  
Spirit | Mind | Body

*Spiritual Empowerment Experience*

**SEPTEMBER 29, 2024**

**DON'T DROWN IN THE SHALLOW**

**Acts 27:30-44**

**JOIN US SUNDAYS**  
**8:30 AM EASTERN**

**zoom** JOIN ONLINE OR CALL: 646-558-8656  
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at [www.SHEnergizedSisStarhood.com](http://www.SHEnergizedSisStarhood.com)

Sis. Katrina's Lesson Re-Cap| 09/29/24| Don't drown in the Shallow

The following is a lesson recap of Sis. Katrina's

“Don't drown in the Shallow, Part 2”

Acts 27:30-44

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*SisStars sometimes God will make you stay in the troubled waters of life because you are unwilling to create the change you are meant to be.*

*SisStar sometimes you can be so used to being in storms that you forget God's presence. God will use extreme circumstances or punishment to get your attention.*

- SisStar what in your life are you being dependent on instead of God.
- God wants you to purge those things that are taking the place of you having complete trust in him.
- SisStar sometimes the storms of life will have you in moments of darkness; times where nothing seems to be illuminated.
- SisStar sometimes you can be in a storm for so long that you don't recognize God's light illuminating the path for you.
- SisStar, you need to stop and ask yourself; are the things that you deem as good really be things God wants to pull you away from.
- SisStar keep holding on even if it feels like you only have a small piece of God.... It's the small pieces that just might get you into heaven.

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- SisStar God wants you to succeed; don't be envious of others in their journey just because you are in the shallows.
- God is intentional in everything that he does!
- SisStar there is an island of Timuta (Island of relief) prepared for you!
- SisStar understand that there is a purpose for you and what God has gifted you to have.
- SisStar focus on your capacity and what you're gifted in!
- SisStar when you know who you are; you don't have to focus on what others are doing or not doing.
- SisStar you are apart of 1 bigger body; perform at your max capacity and watch how God uses you to impact others.
- SisStar when you operate in what God desires, he will show and use others to give you unusual kindness and favor.
- SisStar; God can give you relief even amid the storms of life.
- God's relief and peace will still be your comfort even while you may still be going through.
- SisStar are you so angry and bitter with life that you miss seeing the blessing of God?
- SisStar sometimes while you are going through your storms; God will expose the snakes(those that are not for you)
- Be aware of your alignments with people because they are not always going to be for you.
- SisStar don't allow the praises or lack of praise to deter you from walking in your purpose.
- SisStar be okay with walking in your purpose despite what people might say or think.

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- SisStar don't allow the fear of someone else's storm to dictate what God will do for you in your life!

*SisStar whether you're in the deep end of life's waters or the shallow end; make sure that you depend on God even in the middle of your storm!*

*SisStar God's whole purpose is for you to make it to heaven and be with him!*

*God doesn't care about how you get to heaven!*

*He just wants you to make it in!*

*Hold on to God despite the storms you may be going through!*

*Trust God in all things at all times!*