

"JUST A LITTLE TALK WITH JESUS"

Lesson for Sunday, March 12, 2023

Prayer Overview

(Lesson One)

"SisStars should always pray and not faint."(St. Luke 18:1)

Lesson Outline

I. What is Prayer?

Old Testament

I Samuel 12:23

New Testament

James 4:8

Hebrews 11:6

St. Luke 22:42

Philippians 2:5-8

Ephesians 6:18

II. Starvation Diet

III. How Do We Pray?

Psalms 106:15

James 1:22

I Thessalonians 5:17

Ephesians 6:18

Galatians 5:22

St. John 10:10

St. John 11:35

St. Matthew 26:39

St. Mark 14:35-36

St. Matthew 6:10

St. Mark 11:24

IV. The Vow of Prayer

St. Matthew 25:35 ff

II Timothy 2:1

Proverbs 22:6

Hebrews 13:17
St. Mark 11:25-26
Ephesians 4:3
Hebrews 12:14
St. Matthew 5:43-48
Romans 12:17

Word Definitions

1. Prayer: Communication or fellowship with God.
2. Talk: to converse; to consult with someone; to engage in oral exchange;
3. Starve: to die from lack of food;
4. Vow: A promise

Questions to consider

1. Talk about your prayer life - or the lack of a prayer life.

2. Why is it sometimes hard for us to pray?

3. What does it mean to you to "pray without ceasing?"

4. Does God always answer prayer?

5. Talk about the "vow of prayer."

6. What will prayer do in your life?

7. Can you draw close to God without prayer? Why or why not?

SisStar Reflections

1. It's okay to diet physically to lose weight if necessary, but the heavier your spiritual body gets, the healthier you will become.
2. Spiritual obesity is good for the Believer.
3. Begin to make it a habit to converse with your Father on a regular basis.

