

**The SHEnergized SisStarhood**  
Spirit | Mind | Body  
*Spiritual Empowerment Experience*

**MARCH 2, 2025**  
**STOP BEING BASIC...RECONCILIATION, Part 4**  
**Luke 19:1-10; John 21:15-17**

**JOIN US SUNDAYS**  
**8:30 AM EASTERN**

**zoom** JOIN ONLINE OR CALL: 646-558-8656  
MEETING ID: 530 441 1689 | PASSCODE: 057058

Register, Login or Learn More at [www.SHEnergizedSisStarhood.com](http://www.SHEnergizedSisStarhood.com)

## March 2, 2025 - LESSON RECAP

### Overview

The lesson centered on **reconciliation and forgiveness**, using the story of Zacchaeus (Luke 19:1–10) as the scriptural foundation. SisStar Katrina interwove personal family anecdotes and vivid examples to illustrate how past images or mistakes can be redeemed through sincere repentance and God's transformative presence.

### Key Themes & Messages

#### 1. Reconciliation as Redemption

- **Family Photo Analogy:**  
SisStar Katrina recounted a humorous yet poignant story about a family directory photo taken years ago—one that captured unflattering moments (her crying niece and her nephew's funny face) which, over time, became a symbol of past embarrassment. The anticipation of a new directory photo offered an opportunity for the family to “redeem” their image, paralleling how we can redeem our past in the eyes of others through genuine change.
- **Spiritual Parallel:**  
Just as the family has a chance to update its picture, God gives SisStars fresh opportunities to change the impression of their lives. SisStar Katrina stressed that while our past might be defined by errors, repentance and the desire for transformation allow us to redefine ourselves in God's presence.

#### 2. The Zacchaeus Example

- **Determination to See Jesus:**  
Zacchaeus, a tax collector despised for his greed and corruption, was determined to see Jesus despite being short and obstructed by the crowd. His willingness to climb a sycamore fig tree illustrates the lengths one must go when genuinely desiring to encounter God.

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- **Jesus' Personal Call:**  
Noticing Zacchaeus' effort, Jesus called him by name and chose to stay at his home. This personal invitation signified that true transformation happens when we are willing to be in God's presence.
- **Act of Repentance:**  
Confronted with Jesus's holiness, Zacchaeus immediately committed to restitution, vowing to give half his wealth to the poor and repay anyone he had cheated four times over. This accountability act underscores that reconciliation isn't just about saying "sorry" but taking concrete steps to make things right.

### 3. Preparation for Reconciliation

- **Intentionality and Practice:**  
SisStar Katrina highlighted the importance of preparing ourselves before a moment of reconciliation. Just as the family practiced for their "redemption" photo to present a renewed image, SisStars should thoughtfully consider our words and actions when seeking to mend broken relationships.
- **Accountability Over Expectation:**  
An important point was that reconciliation must come from a genuine desire to change rather than simply expecting a specific response from others. We cannot control how others respond; our focus should be on being ready to reconcile and make amends when the opportunity arises.

### 4. The Transforming Presence of God

- **Authentic Worship Through Forgiveness:**  
SisStar Katrina asserted that true worship flows from being in God's presence. When we approach God with humility and a willingness to confess our sins, transformation happens naturally—no sermon or forced repentance is necessary.
- **Impact Beyond the Individual:**  
Just as Zacchaeus' repentance brought salvation to his household, our personal acts of reconciliation can have a ripple effect, influencing and redeeming our families and communities.

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### 5. Application in Daily Life

- **Overcoming Past Labels:**  
The lesson warns against letting a single, embarrassing moment define us forever. Whether it's a family photo or past mistakes, every day brings a new opportunity to change the narrative through sincere repentance.
- **Personal Responsibility:**  
There's an emphasis on owning up to our faults and not expecting others to change for reconciliation to occur. We must be the ones to reach out and make amends, even if others are not immediately ready to respond.

### 6. Additional Anecdotes and Tangents

- **Personal Family Stories:**  
SisStar Katrina shared colorful details about family dynamics, describing the children's reactions during the photo session and how seemingly trivial moments (like who holds the cell phone) become memorable reminders of past identities.
- **A Note on Worship Music:**  
SisStar Katrina ended with referencing the song "The Coronation," which emphasizes God's worthiness. This reinforced the idea that our worship, when rooted in genuine repentance and reconciliation, honors God by reflecting His glory in our lives.

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### Final Thoughts

The lesson's core message is that **reconciliation is both an opportunity and a responsibility**. Whether it's redeeming a family's public image or mending personal relationships, true change comes when we acknowledge our past, prepare our hearts through prayer and practice, and step forward in faith. God's presence doesn't just demand our attendance on Sundays—it calls us to live lives marked by sincere repentance, accountability, and the transformative power of forgiveness.

This detailed recap encapsulates SisStar Katrina's emphasis on personal and communal transformation through reconciliation, inviting everyone to seek and embody change in the presence of God.