

(Lesson for Sunday, July 10, 2022)

**"THE GIFT THAT KEEPS ON GIVING"  
(A Contrast in Behavior)**

**"FREE TO FORGIVE"**

LESSON OUTLINE

"Whom the Son sets free is free indeed." (St. John 8:36)

"But be ye kind one to another; tenderhearted, forgiving one another even as God,  
for Christ's sake, hath forgiven you." (Ephesians 4:32)

"But be ye doers of the Word and not hearers only, deceiving your own selves."  
(James 1:22)

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**I. Secrets in the Closet**

Old Testament

New Testament

St. John 10:10  
Romans 8:37  
I Thess. 5:23-24

**II. Out of the Sewer**

Ephesians 4:32  
St. Luke 6:37

**III. A Story of Deliverance**

Philippians 3:13-14  
Hebrews 12:1-2  
James 1:22  
Romans 12:1-2

## Questions to Consider

1. Why is it difficult to open the closet of your mind and expose those secret things that are there?
2. Discuss how the enemy keeps you bound when you are not willing to expose those secrets.
3. Why do you think that we are afraid to share secrets? And does it matter how you share those secrets and with whom you share those secrets?
4. Talk about how you hurt yourself by holding on to unforgiveness.
5. Why can you not wait until you "feel" like forgiving before you actually forgive.
6. Talk about the "sewer of unforgiveness" and how you are pulled out of that place and why we may become comfortable in that place.
7. How can you tell when you have gone through the process of forgiveness?

### SisStar Applications:

1. If you hang on to a memory which generates anger, then you have not forgiven completely.
2. Forgiveness is a process - a choice. You "choose" to forgive, or you "choose" to hold on to anger.
3. Unforgiveness is unresolved anger. Resolve the anger by forgiving. Phil. 4:13: "I can do ALL things THROUGH CHRIST, which strengthens me."
4. Unforgiveness causes you to nurture and feed the resentment. Stop being controlled by anger and hurt and strengthen your Vertical Relationship with the Lord.
5. Unforgiveness causes you to filter present circumstances and relationships through the anger. Change your filtering system.

6. When you forgive (yourself included), you are setting yourself free to grow.
7. The Holy Spirit is the catalyst who will lead you into the Truth of the Word.
8. Remember that you are not alone - The Lord has given you the Gift that Keeps On Giving. The Power is in Him - and not in you. You can be strong in the Lord and in the Power of His Might. (Ephesians 6:10)

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*"And be ye kind one to another; tenderhearted, forgiving one another even as God, for Christ's sake, hath forgiven you."*

*"Be ye doers of the Word and not just hearers only - deceiving your ownelves."*

*"But ye shall receive Power - after that the Holy Ghost hath come upon you..."*

*"Repent and be baptized; and ye shall receive the GIFT OF THE HOLY GHOST."*

*"Whom the Son sets free is free indeed."*

*"May the God of Peace Himself sanctify you wholly: and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. He who calls you is faithful and He will do it."*

***YOU ARE SAVED, SANCTIFIED AND FILLED WITH THE PRECIOUS GIFT OF THE HOLY SPIRIT OF PROMISE.***