



OCTOBER 19, 2025 – LESSON RECAP

Focus Scriptures:

- **1 Thessalonians 2:12** – “We encouraged you, urged you, and pleaded with you to live your lives in a way that God would consider worthy. For He called you to share in His Kingdom and His glory.”
- **Proverbs 27:1** – “Don’t brag about tomorrow, since you don’t know what the day will bring.”
- **1 Samuel 16:10–13 (The Message)** – The anointing of David

Summary Paragraph

This week, **Sis. Katrina** reminded us of the importance of *living in the now*. Too often we look ahead—waiting for the “next” season, the next job, the next blessing, the next level—and in doing so, we overlook the value of today.

She began by reflecting on the song “*Tomorrow*” and its piercing question:

“Who promised you tomorrow?”

Just like God asked Adam, “*Who told you that you were naked?*”—this question challenges us to realize that no one has promised us another day. Tomorrow is not guaranteed; all we have is *now*.

Through personal stories about family, marriage, and everyday life, Katrina illustrated how easy it is to wish for what’s ahead or to long for what’s past, when God is calling us to *be faithful in this very moment*.

Live this moment in a way that God Himself would consider worthy—because *this moment is holy*.



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Lesson Points:

1 Live a Life God Considers Worthy — Today (1 Thessalonians 2:12)

- Paul didn't just write casually to the Thessalonians — he said, "*We encouraged you, we urged you, and we pleaded with you.*" That's three different levels of passion! He was begging believers to live in a way that honors God *now*.
- Sis. Katrina broke this down beautifully: God isn't asking us to wait until everything lines up to live right. He's asking us to live worthy *in the middle* of the chaos — in the middle of the struggle, in the tension, in the tears.
- She shared real-life examples — how it's easy to be a good wife or friend when everything is smooth, but harder when you're angry, misunderstood, or hurt. Yet God's command doesn't change. His call to righteousness applies in both peace *and* pressure.
- Living a life that's worthy of God doesn't mean perfection — it means obedience in the present moment.

"It's easy to live holy when it's easy, but it's godly to live holy when it's hard."

2 Don't Brag About Tomorrow (Proverbs 27:1)

- We love to say, "I'll do it tomorrow," but Katrina reminded us that procrastination in the spirit is often just *disobedience with a polite name*.
- Planning is wise — God wants us to be responsible — but placing our *hope* in tomorrow means we're taking God's time for granted.
- She said: "If God pricks your heart to forgive, to call someone, to repent, to give — don't wait until tomorrow. Do it *now*."

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Proverbs 27:1; 1Thessalonians 2:12

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- We were reminded that older generations understood this truth. That’s why they said things like, “*Lord willing*” or “*If the creek don’t rise.*” They lived with an awareness that time is fragile and only God holds the future.
- The question we were left with: *Am I living like I have time, or am I living like I have purpose?*

“You can prepare for tomorrow, but don’t postpone obedience today.”

3 Your Now is Your Proving Ground (1 Samuel 16:10–13)

- Katrina took us into the story of David’s anointing — a young shepherd boy out in the field, smelling like sheep, doing ordinary work when God called him to something extraordinary.
- She pointed out that everyone else — David’s father, brothers, and even Samuel — overlooked him. But God saw his *obedience* and said, “*That’s the one.*”
- David didn’t look like a king. He didn’t smell like one either. But he *smelled like obedience*, and that aroma was pleasing to God.
- Katrina reminded us that our current seasons — even the hard, hidden ones — are *proving grounds*. They are where God tests our hearts, shapes our character, and builds our faith before promotion.
- Even after being anointed, David went right back to tending sheep. He didn’t rush to the palace because he still had work to do in the pasture.
- When we feel overlooked, undervalued, or stuck, God may be saying: “You’re not finished with your now yet.”

“Don’t despise your sheep season — it’s where God proves your faithfulness.”

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Reflection Questions

1. What areas of your life have you been postponing obedience in — saying, “I’ll do it tomorrow”?
2. Are you cherishing the people and opportunities God has given you *today*?
3. What does your spiritual “aroma” say about you — do you smell like obedience, gratitude, or pride?
4. In what ways is your “now” a proving ground for your faith, patience, or humility?
5. How can you bring God glory *today*, even in the small or unseen moments?

SisStar Katrina’s Final Encouragement

God is doing something right here, right now.

Your *now* matters to Him just as much as your *next*.

He’s not waiting for you to reach a new level to use you — He’s working through your obedience today. The dishes, the deadlines, the frustrations, the faithful little acts — all of them count when it’s done in His name.

Live this moment in a way that God would consider worthy — because this moment is holy.

Part 2 to be cont’d on 11/02/2025