

The SHEnergized SisStarhood
Spirit | Mind | Body

Spiritual Empowerment Experience

MAY 25, 2025

THE FAITH/TRUST FACTOR, Part 3

Proverbs 3:5-6 - Hebrews 4:11

zoom JOIN ONLINE OR CALL: 646-558-8656
MEETING ID: 530 441 1689 | PASSCODE: 057058

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Dr. Dye's Lesson Recap from 05-25-2025

Lesson Recap: Trusting God – Faith in Action

1. The Series Wrap-Up: Trust and Faith

This message marked the final installment in our series on “*The Faith Trust Factor*.” We revisited the foundational truth that our walk with God hinges on **trust** and **faith**—not just in what we say, but in how we live daily.

- **Proverbs 3:5–6** reminds us to “*Trust in the Lord with all your heart*” and not rely on our own understanding. When we acknowledge Him in **everything**, He promises to direct our paths.
- **Faith is not about quantity**, it's about activation. Even faith the size of a **mustard seed** (Matthew 17:20) can move mountains when it's backed by trust in God's power.

2. Key Point: Trust as a Lifestyle

- **Faith is a lifestyle**, not a one-time decision. Hebrews 11:6 declares that it is *impossible to please God without faith*.
- The trust we place in God must be applied to **every area of life**—our decisions, relationships, finances, careers, and challenges. God doesn't just want our Sunday trust; He wants our *everyday* trust.

3. Word Breakdown of Proverbs 3:6

- **In all your ways** – Every aspect of life
- **Acknowledge Him** – Consider, recognize, and involve God
- **He shall direct** – God *will* guide you, not *might*
- **Your path** – Your life's journey and direction

This verse is not just advice—it's a **divine guarantee** when you choose to trust.

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4. A Real-Life Example: Israel's Faith Test at the Red Sea (Exodus 14)

- After 432 years of slavery, God delivered Israel but then led them to a place where they seemed *trapped*—by the Red Sea in front and Pharaoh's army behind.
- The people panicked and forgot God's promise. But God used this moment to **build their faith**.
- **Don't be moved by what you see.** Trust what God said.
- God *led* them there—He didn't abandon them.
- He told Moses to use what he already had: *his rod (symbolic of the Word)*.
- **The Word in your mouth** is a powerful weapon—speak it over your circumstances.

5. God's Protection and Power

- God not only leads us **forward**, but He also **stands behind us**, shielding us from the enemy.
- **The cloud moved behind the Israelites**, acting as a divine barrier between them and Pharaoh's army.
- God is your **front and rear guard**—guiding, protecting, and preparing you for victory.

6. Your Vertical Relationship

- Life is full of “horizontal” problems (issues, trials, fears), but God uses them to deepen your **vertical relationship** with Him.
- Trials are *faith builders*. Like James 1:2–4 says, “Count it all joy when you face trials...” because your faith is being refined and your patience matured.

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TAKEAWAYS FOR THIS WEEK

1. *Don't try to figure it all out. Just trust Him.*
2. *Acknowledge God in every decision—big or small.*
3. *Speak the Word over your situation.*
4. *Know that God is present, even when the path looks impossible.*
5. *Let your trust in God guide your thoughts, steps, and emotions.*
6. *You are never alone. Goodness and mercy are following you. God is ahead of you. And His Spirit is within you.*
7. *Faith is obedience in action.*
8. *God doesn't need your help — He wants your trust!*
9. *Do not fuse with your fear, fuse with God's truth!*
10. *Praise is a weapon. Use it when overwhelmed.*
11. *The process of trust starts with surrendering the mind to God's Word.*