



Sunday, June 28, 2026 *The Best for the Lord Lesson Recap* | Katrina Brown-Graham

Lesson Summary

Teaching Focus: A complete recap of Katrina Brown-Graham’s “New Wine / Wineskin” lesson from the meeting.

Big Idea	God pours “new wine” into prepared vessels: the Spirit brings transformation, empowerment, obedience, and covenant fullness in Christ.
Key Image	New wine and wineskins — spiritual growth requires both a prepared vessel and the life-giving presence of the Spirit.
Primary Response	Yield, be stretched, feed the Spirit, and obey what Christ instructs.

Overview and Series Context

- Katrina’s teaching is part of her “Stretch Marks” series. The series explores spiritual growth as analogous to physical stretch marks—visible evidence that God has stretched us beyond previous capacity—and emphasizes embracing growth rather than covering it up.
- This particular lesson continues from prior sessions about the wineskin (the believer as vessel). Today’s focus: the “new wine” — what God pours into the wineskin (the nature of the kingdom, the Spirit, and Christ).

Core Theme

- New wine is not merely a better version of the old; it is qualitatively different. It represents the kingdom reality, the person of Jesus Christ, grace, and the Holy Spirit—an entirely new order that surpasses the old covenant and religious rituals.
- The wineskin (the vessel) matters, but what truly fulfills purpose is the new wine poured into it. A vessel without the Spirit remains just a vessel.

Key Biblical Examples and Scriptures

- John 2:1–11 (Wedding at Cana): Jesus’ first recorded miracle — water into wine.
 - The jars were ceremonial purification jars (used in temple-related ritual washing). Jesus used religious/ritual water and transformed it into the finest wine.
 - The master of the banquet marvels that the best wine was saved for last — Katrina uses this to show that Christ’s coming introduces the “best” (the new covenant and the fullness of God).
 - Jesus’ mother’s instruction, “Do whatever he tells you,” demonstrates faith/action in response to Jesus’ authority.



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- Acts 2 (Pentecost): The disciples were accused of being “drunk on new wine,” but Katrina affirms they were filled with the Holy Spirit—the literal pouring out of new wine (the Spirit) that empowered and transformed them.
- Old Testament references mentioned as illustrative (Katrina cited themes and specific verses to study):
 - Deuteronomy 7:13, Proverbs 3:9–10, Genesis 27:27–28 (used to show new wine/TIROSH as symbol of God’s blessing, abundance, covenant favor)
 - Jeremiah 31 and 32 (new covenant), plus the broader Old Testament theme that points to Christ and the coming New Covenant.
- She also referenced the Old Testament word for new wine (tirosh) and Acts chapter two as the fulfillment in Spirit.

Main Theological Points

- New wine (tirosh) symbolizes God’s blessings, abundance, covenant favor, and the presence/person of Jesus and the Holy Spirit.
- The Old Testament, laws, and rituals pointed forward to Christ and were preparatory; they are not the final expression. Christ introduces the new covenant—grace and the Spirit—not merely an improved version of the old system.
- The coming of the Spirit (new wine) changes the nature of Christian life and ministry: it empowers believers, yields transformed behavior, and produces results that ritual alone cannot.
- The Spirit will often provoke and restrain; believers experience an internal battle between flesh and Spirit. Spiritual formation requires feeding the Spirit so the Spirit can lead and subdue the flesh.

Illustrative Stories and Personal Anecdotes

- Katrina shared a personal example about being restrained by the Holy Spirit from saying something inappropriate in court (the internal duel between flesh and Spirit, illustrating how the Spirit restrains and redirects).
- She described a time when a song (“you ain’t seen your best days yet”) ministered to her during intense physical suffering, producing hope and endurance—an example of the Spirit/new wine unlocking faith and endurance in suffering.
- She recounted the nature of Pentecost and how observers misunderstood Spirit-filled behavior as drunkenness—used to emphasize that Spirit-led actions may look unusual but are transformational.

Practical Applications

- Embrace the new wine: allow the Spirit to pour into you so your vessel (wineskin) can fulfill its purpose—not simply rely on religious forms or tradition.
- Be willing to be changed; the Spirit will stretch, correct, and perfect you so you can receive what God intends to pour in.



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- Feed the Spirit (spiritual disciplines, Word, prayer, worship) so the Spirit leads rather than the flesh dominating.
- Don't hide or cover spiritual "stretch marks." They testify to growth; display them as evidence of God's work.
- Be willing to act on faith—"do whatever he tells you" (as Mary instructed at Cana) — obedience invites the transformation of the ordinary into the extraordinary.
- Recognize that gifts/skills apart from the Spirit lack the same life: many can sing or perform, but the anointing (the new wine) makes ministry effective.

Pastoral and Ministerial Points

- The new covenant is outwardly visible in empowered, Spirit-led ministry—e.g., healing, bold proclamation, transformed lives.
- Every believer has access to the same Spirit-power; the Spirit's presence enables laypeople to pray, minister, and exercise spiritual gifts—not only the clergy.
- Katrina urged believers to be willing to pray publicly, lay hands, and move in the Spirit even if it looks unconventional to others.

Warnings and Clarifications

- Katrina stressed lining practices with Scripture—newness isn't a license to ignore biblical truth. The Spirit-led newness must still be tested by the Word.
- She clarified she's not endorsing reckless behavior; rather, the priority is Spirit-led obedience within the framework of Scripture.

Historical and Kingdom Perspective

- Katrina placed the new wine in the sweep of redemptive history: the Old Testament laws and kingdoms (Egypt, Rome) were temporal and pointed to Christ's coming. The kingdom of God introduced by Jesus is a radical, lasting order that transcends earthly powers.
- She used historical examples (Egypt, Rome, Solomonic/Gomorrah allusions) as warnings that God can and does overturn nations and systems—urging spiritual seriousness and repentance.

Teaching Tone

- Katrina mixed theological teaching with humor, personal stories, and blunt pastoral exhortation. She used memorable images (wineskin, purification jars) and narrative detail to drive points home.
- She balanced doctrinal depth (word meanings, biblical references) with practical, pastoral encouragement to pursue spiritual growth.



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Concluding Emphasis and Next Steps

- Katrina will continue the series (she planned to finish remaining content next week).
- Key Takeaway:** Prepare your vessel, feed the Spirit, and expect God to pour new wine—better, fuller realities are available in Christ; “you ain’t seen your best days yet.”
- SisStars were encouraged to examine whether they are holding on to old wineskins/traditions that cannot contain what God now wants to pour into them, and to position themselves for the Spirit’s filling.

Recommended Passages to Re-Read

- John 2:1–11 (Wedding at Cana)
- Acts 2 (Pentecost and the pouring out of the Spirit)
- Jeremiah 31; Deuteronomy 7:13; Proverbs 3:9–10; Genesis 27:27–28 (for Tyrosh/new wine symbolism)
- Suggested thematic reflection: Old Testament sacrificial/ceremonial imagery contrasted with the new covenant’s Spirit.

Actionable Spiritual Applications

- Yield to the Spirit; allow restraint and prompting to shape your words and actions.
- Practice spiritual disciplines to “feed the Spirit.”
- Expect transformation—do not settle for the old; receive that the “best” may yet be ahead.
- Use your gifts but prioritize the Spirit’s presence so gifts become ministry with power.