



Dr.Dye’s Lesson Re-Cap| 03/03/24|Don’t let folks worry you-Part1.

The following is a lesson recap of Dr. Dye’s

“Angry without a cause”

“Don’t let folks worry you!”

*Sisters Happy Women’s History Month! This is a month for us to rejoice!
 God is the way the truth and the life and that never changes!
 God is love and that is his character!
 Don’t worry because we belong to the great God who created all things!
 You are created for God’s pleasure!*

I. Folks and Worry

Definition: **Worry/Anger**: anguish; anxiety; a sense of annoyance; a troubled state of mind

- Sistar remember that anger is not a sin; just don’t allow it to cause you to sin!
- You must be committed to God’s cause in order to defeat the emotion of anger.
- Worry and despair is a result of anger; don’t allow people to lead you into the pit of despair!
- Sistar angry is not used in the Bible; the word used is anxious/worry, allow yourself to get to the root.
- Sistar find a way to rejoice when conflict arise so that you can walk in harmony with those around you.
- Remember the 2 sisters that were causing division – “sweet fragrance” & “

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March 2024
ANGRY WITHOUT A CAUSE
Matthew 5:22

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- When you leave people are you leaving a sweet fragrance?
- Are you the cause of another falling into pits of despair?
- It's not possible for 2 things to remain in the same space at the same time.
- Love and Anger can not abide at the same time!
- Allow God's peace and love rule in your mind!
- Will you divide or abide?
- Sometimes Sistar you can get caught up in the things that the crowd is doing. You must remain centered on to what God is telling us to do.
- Sistar there is no excuse for disobedience; you either choose to follow God's will or act on your own accord.
- Don't go blaming others for your actions render obedience to God's instructions.

II. Crowd Control

1. **Worry/Anger:** anguish; anxiety; a sense of annoyance; a troubled state of mind
2. **Crowd:** to be pressed; to be oppressed; to be hemmed in
3. **Amalek:** type of the flesh
4. **"ite":** to be associated with
 - Responsibility- 2 words – Response & Ability
 - Sistar you choose how you are going to respond to people and things; use your ability to overcome the situations leading you to anger.
 - Sistar don't allow the crowd to make you respond to situations.
 - You don't have any strength in your own mite it all comes from God and his power that fills you with his mite.

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- Just like the Old Testament “ites” God’s word always shows that whatever comes before the “ite” is what God wants to destroy!
- Don’t allow the crowd to destroy you!
- Sistar kill all the “ites” if you don’t those “ites” will control you!
- The “Ites” will be those things that will lead to your demise.
- By not getting rid of those “ites” they will crowd your mind and prevent you from becoming who God needs for you to be.
- Sistar what “ites” in your life do you need to kill?
- Don’t allow anger to control and crowd you so much that it prevents you from the blessings in your life!
- Sistar you must always work at killing the “ites”, so they don’t resurface when trials come to attack your life.

To be Cont’d on 3-10-24

III. Anger Begets Anger