

**The SHEnergized SisStarhood**  
Spirit | Mind | Body  
*Spiritual Empowerment Experience*

**JOIN US SUNDAYS**  
**8:00 AM EASTERN**

**JANUARY 4, 2026**

**THE INTENTIONAL AND PURPOSEFUL GOD**

**Gen 1:1-31 - Psalm 139:13-4:1**

**ZOOM** JOIN ONLINE OR CALL: 646-558-8656  
MEETING ID: 530 441 1689 | PASSCODE: 057058

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## JANUARY 4, 2026 – LESSON RECAP

### Sistar Katrina's Lesson Recap: A Purposeful God — Function Before Form

Sistar Katrina's teaching explored the intentionality of God as revealed in Genesis. We shifted the conversation away from the modern, self-focused idea of "finding your purpose" and toward a biblical understanding of a God who plans, prepares, and purposes long before He forms.

#### 1. Genesis Is Not a Children's Book

Many believers treat Genesis as something for preschoolers and children's church—cute stories, coloring pages, and memory verses. But Genesis is not elementary. It is foundational theology.

Genesis reveals:

- God's character
- God's order
- God's intentionality
- God's purpose for creation and humanity

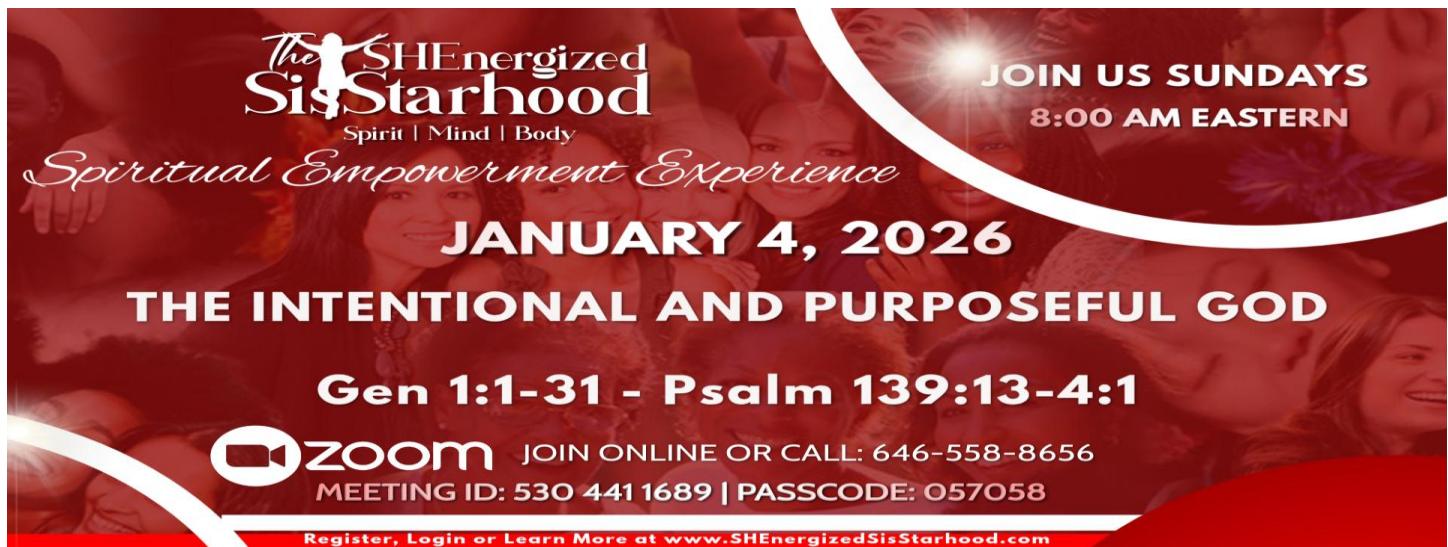
It is not a kiddie book.

It is a blueprint.

#### 2. God Creates Order, Not Chaos

Genesis 1 shows a deliberate, structured sequence:

- Light
- Sky
- Land



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- Life
- Humanity

God is not random.

God is not chaotic.

God is not improvising.

He establishes function before form.

### 3. Function Before Form — The Heart of the Lesson

This is the central revelation.

Function = purpose, assignment, role

Form = appearance, shape, structure

Human beings choose based on form:

- Looks
- Sound
- Smell
- Presentation
- Aesthetics



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**But God determines purpose before He determines appearance.**

Example: Light

God said, “Let there be light” — function.

But the sun, moon, and stars — the form — weren’t created until day four.

Illumination existed before the objects that produced it.

Example: Humanity

God formed man from the dust — but if man had been created first, there would have been no dust to form him from.

God could have created humanity out of nothing, but He chose to take form from something He had already purposed.

### 4. **“Let There Be” vs. “Let Us Make”**

Throughout creation, God speaks:

- “Let there be...”
- “Let there be...”
- “Let there be...”

But when it comes to humanity, the language changes:

- “Let us make man in our image.”

God never said “let us” to anything else:

- Not to the animals



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- Not to the oceans
- Not to the stars
- Not even to the angels

Only humanity carries the imprint of Trinity.

This is identity.

This is intentionality.

This is divine design.

### 5. You Carry God's Spiritual DNA

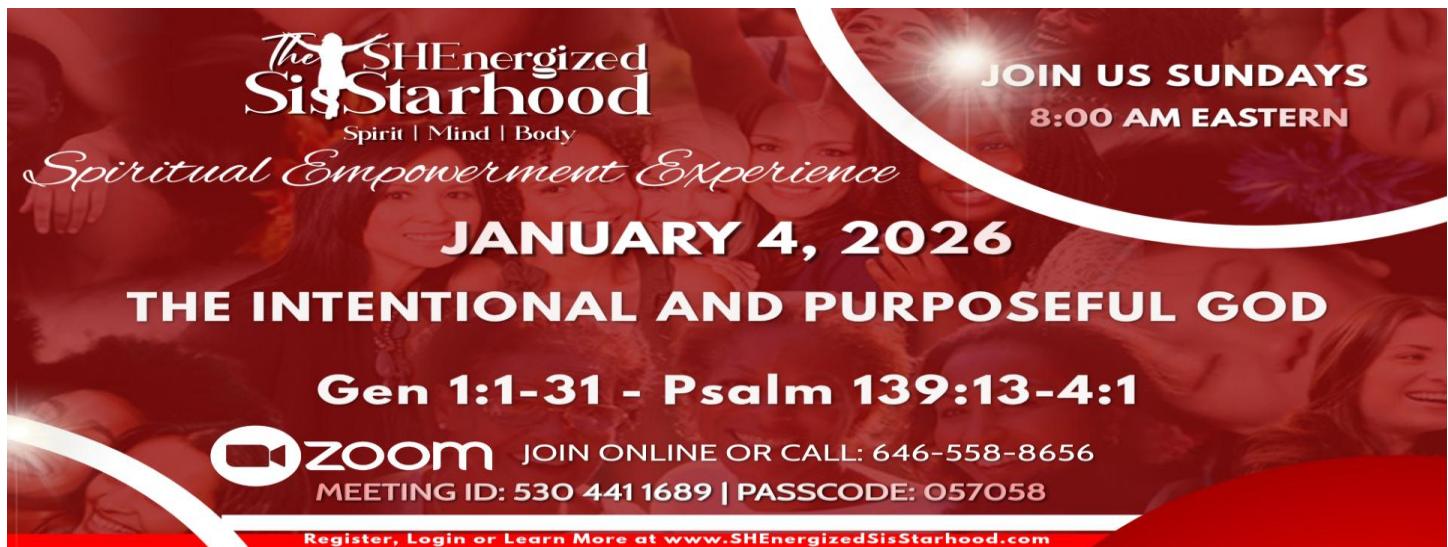
Just as a child resembles their earthly parents, we resemble our heavenly Father.

You may share physical DNA with your earthly parents:

- Their eyes
- Their cheeks
- Their hair
- Their features

But you carry God's spiritual DNA:

- His character
- His nature
- His imprint



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- His identity

*Even fingerprints—your unique earthly identity—testify to God's intentionality.*

No two are the same, not even between your own hands.

God is saying: “You may come from them, but you are not defined by them. My DNA supersedes your earthly DNA.”

You may come from dysfunction, addiction, abuse, or brokenness, but you are not bound to repeat it.

You can be distinct.

You can be transformed.

You can be renewed.

### 6. God Does Not Improvise

We improvise.

We wing it.

We make it up as we go.

But God does not.

Even though He could create with a single word, He still:

- Plans
- Prepares
- Purposes
- Designs



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He did not “copy and paste” humanity.

Every person is intentional.

Every life is deliberate.

Every birth is purposeful.

“Before I formed you in the womb, I knew you.”

God plans before He produces.

### 7. **God Prepares the Environment Before the Life**

Just like a builder lays a foundation before raising walls, God establishes structure before He assigns purpose.

You don’t hang drywall on nothing.

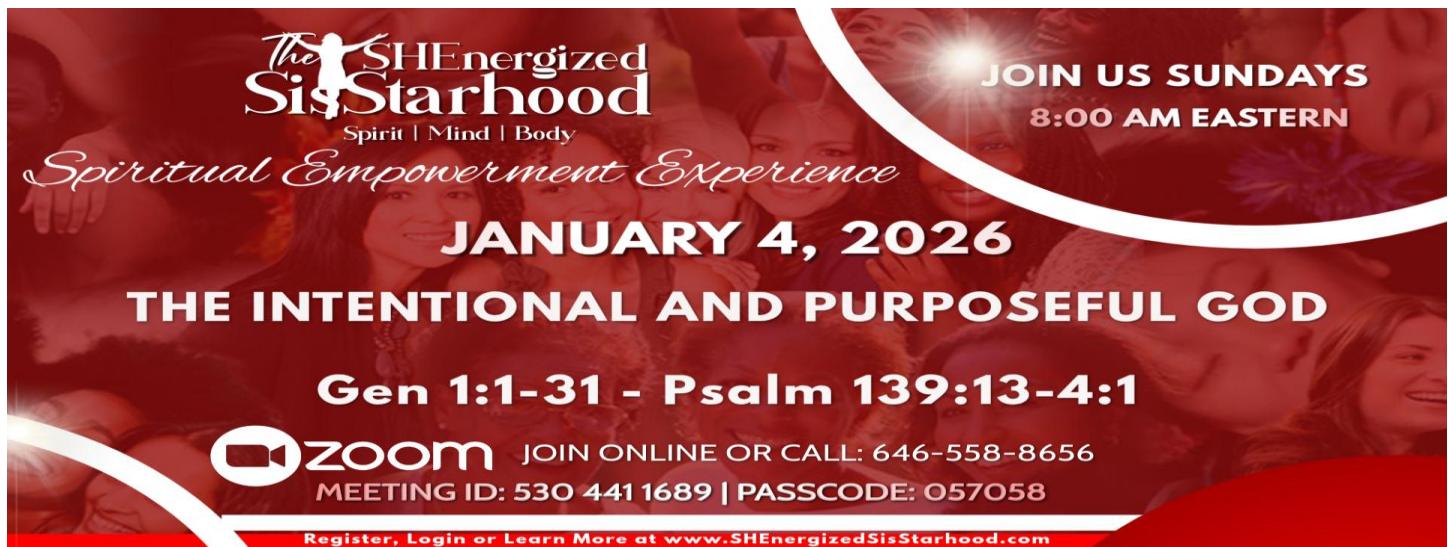
You don’t build walls without support.

You don’t place weight on instability.

God lays the foundation first because purpose must have something to stand on.

So when:

- Life gets hard
- Grief hits
- People leave
- Jobs fall apart
- Children act up



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- Marriage struggles
- Depression rises
- Disappointment comes

**Your foundation keeps you standing.**

The wind may blow, but the walls don't collapse when they're anchored to something solid.

### **8. Application: Your Waiting Room Is Preparation**

If God always prepares the environment before He introduces the life...

Then your current season—your waiting room—is not punishment.

It is preparation.

God is building the structure that will hold your purpose.

He is laying the foundation that will support your assignment.

He is establishing order so your calling has something to stand on.

God is not late.

God is not improvising.

God is not confused.

God is not scrambling.

He is preparing.